

Village News

in Swindon Village

*Your local Newsletter sponsored by the
Parish Council and delivered by volunteers*

No. 487 October 2022

October 2022

- | | |
|----------------------------|---|
| Sunday 2nd | Harvest Festival see page 3 |
| Monday 10th | Parish Council Meeting |
| Saturday 15th | Church Quiz. 7.30pm see page 18 |
| Wednesday 19 th | Swindon Village Society. John Heathcott will tell us about Gloucestershire's own poets of which there are many. Village Hall. 7.30. Visitors welcome. |
| Sunday 30th | Childrens Halloween Party at Village Hall |

November 22

- | | |
|----------------------------|--|
| Monday 14th | Parish Council Meeting |
| Wednesday 16 th | Swindon Village Society. 'The Story of Stoke Orchard Airfield' by Richard Chatham. Village Hall. 7.30. Visitors welcome. |

SWINDON PARISH COUNCIL WEBSITE, FACEBOOK PAGE AND GROUP

Please join Swindon Parish Council's Facebook page and group for local information and discussion. If you do not have access to the internet you could ask a friend or relative to join on your behalf and share highlights with you.

- **Swindon Parish Council Facebook Page.** A public page for local information and news from the Council:
<https://www.facebook.com/swindonparish>
- **Swindon Parish Community Group.** A private group for discussion of local issues, sharing and requesting help:
<https://www.facebook.com/groups/swindonparishcommunitygroup>
- **Swindon Parish Council website.** For full information from the Parish Council:
<https://www.swindonparish.org.uk/>

If you receive this newsletter then you are living in Swindon Parish.

"If you have concerns about anti-social behaviour do not hesitate to contact the police.

Ring 101 (you may be charged for this call)
or email 101@gloucestershire.police.uk

Get an incident number and let the parish council know about it. If the police are not made aware of a problem **THERE ISN'T A PROBLEM**".

St. Lawrence's Church
Harvest Festival Celebrations

Sunday 2nd October



Together @ Ten Thirty
“From Grabbing to Giving
- the story of Zach”

An informal service at 10.30am

Holy Communion at 6.30pm

Gifts of
store cupboard groceries
will be gratefully accepted
at both services
and passed to the
Trussell Trust Foodbank
(www.trusselltrust.org)



SWINDON PARISH COUNCIL REPORT

The national news has, of course, been dominated by the passing of Her Majesty Queen Elizabeth II. For many of us, the Queen has been a constant in our lives. We all have views about the monarchy in general and the Royal Family in particular, and there have certainly been controversies. However, throughout the period of her reign, the Queen has garnered respect and affection around the world for her work ethic and her dedication to the country and her duty as monarch. A sad loss.

Part of the notice period for our “normal” September meeting fell within the period of mourning. In such a circumstance the law does not permit the meeting to go ahead and we had to cancel. We therefore scheduled an additional meeting on 28th September to progress urgent business prior to our next normal monthly meeting on 10th October.

The most critical piece of Parish Council business at the moment centres on our effort to secure the future of the Village Hall car park, which is owned by the Borough Council. I was hoping that the business would have been concluded in time for this report, but we have not yet managed to wrap things up.

One of our councillors has had her house broken into in Swindon Village. Sadly, this is an experience many of us have suffered at some point. Burglar alarms and other visible signs of security measures can help. Also, with the evenings now getting darker, it makes sense to make your home look occupied while you are out. The police are able to offer advice on home security. Please keep a friendly eye on your neighbours’ properties and report any suspicious activity.

The play area in the park has been resurfaced. Money is hard to find and some councils closed their play areas so that they were “safe”. Credit to Cheltenham Borough Council for seeing this work completed. The play area is an important resource for parents and enjoyed by many children.

Resurfacing of a different nature is being undertaken on various roads in Cheltenham. I think the only one on our patch (good pun, eh?) is Malmesbury Road on the Kingsditch industrial estate. At the moment the surface is terribly ravaged, but perhaps that helps to dissuade hot hatch owners from using it as a race track! The work is due to take place overnight on 30th September but the work is weather-dependent so the date may change.

More on road closures. We recently endured the closure of Manor Road for the installation of fibre optic cabling. The closure highlighted what a key route this is. In order to close the road the contractor doing the work had to get a permit from Gloucestershire County Council. The permit that they obtained did not allow them to close the footway, but they did so anyway. They also overran the period of closure specified on the permit. We owe our gratitude to County Councillor Fisher and to the Gloucestershire County Council team at Shire Hall who battled to get the works done in accordance with the permit.

There are five parishes in Cheltenham. Every few months the Clerks of these councils meet to discuss issues of common concern. The councils vary in size and have very different budgets. One common theme is that most of us have vacancies for councillors. Please consider whether this is a role you could adopt. We are very lucky in having a team of good people who get on with each other and the job. Some councils are not so lucky; there are vested interests and toxic relationships that get in the way of serving the best interests of the communities. None of that here.

At least every three years I submit information to HMRC to reclaim and VAT paid by the Parish Council. Local Authorities are able to do this, but don't try it at home! It is always a frustrating experience. HMRC asks if I have claimed before. "Yes" I reply. "In that case please quote the reference number we gave you last time" says HMRC. "You've never given me one" say I. Anyway, I was given a VAT reclaim form that said "You are signing this form to say you have completed it *accuratley*". Spot the irony.

As we don't publish a Village News in December this is the penultimate edition before Christmas. A sobering thought...

Shaun Cullimore
Clerk to Swindon Parish Council

WHO DOES WHAT?

HOW TO REPORT FLOODING



CHELtenham
BOROUGH COUNCIL



EVACUATION

If an area needs evacuating call 999 and ask for the fire service. They will contact Cheltenham Borough Council's emergency response team if required.



IN AN EMERGENCY DIAL 999

RIVER FLOODING

The Environment Agency (EA) are responsible for responding to flooding from main rivers. River and property flooding can be reported on their



Flooding Incident Line 24/7

0800 80 70 60

ENQUIRIES@ENVIRONMENT-AGENCY.GOV.UK

LEAD LOCAL FLOOD AUTHORITY

Gloucestershire County Council are responsible for investigating and reporting flooding incidents, managing flood risk from surface water, groundwater and ordinary watercourses. They also produce the local flood risk management strategy and provide local co-ordination.

01452 425 000

FLOODRISKMANAGEMENT@GLOUCESTERSHIRE.GOV.UK

GLOUCESTERSHIRE HIGHWAYS



Highway flooding is the responsibility of the Highway Authority Gloucestershire County Council (GCC)

They can be contacted on

0800 514 514

HIGHWAYS@GLOUCESTERSHIRE.GOV.UK

SEWAGE & WATER COMPANIES

Mains water leaks and flooding from public sewers are the responsibility of the local water company. In Cheltenham this is generally Severn Trent Water.



They can be contacted 24/7 on

0800 783 4444

Private sewers & drains are the responsibility of the homeowner.

CHELtenham BOROUGH COUNCIL

CBC have delegated authority for consenting (land drainage consent) and enforcing (resolving riparian issues) for ordinary watercourses and are the local planning authority. We support community resilience & collaborative projects to reduce flood risk. We also maintain watercourses & flood alleviation assets on CBC owned land.

01242 26 26 26

FLOODING@CHELTENHAM.GOV.UK

RIPARIAN OWNERS

Land owners are responsible for watercourses within or adjacent to the boundaries of their land. A watercourse includes a river, stream, culvert or ditch.



It is important to carry out regular maintenance and checks.

Contact CBC about ordinary watercourses and the EA about main rivers. <https://bit.ly/3s9G40p>

PROPERTY OWNERS

Property owners are responsible for protecting their property from flooding. Demand for flood products increases during a flood so it's better to be prepared.



Cheltenham Borough Council is not able to supply sand bags to individual properties.

Sandbags can be purchased from most builders' merchants or alternatives via bluepages.org.uk

USEFUL WEBSITES



WWW.GOV.UK/SIGN-UP-FOR-FLOOD-WARNINGS

Call Floodline 24/7 for flood warnings:

0345 988 1188

IF SOMEONE IS MADE HOMELESS THROUGH FLOODING

0800 408 0000 Call Cheltenham Borough Homes

GRANT SCHEMES

Details of any available grants will be published on our website.

CHELTENHAM BOROUGH COUNCIL

Visit our website for flood advice

WWW.CHELTENHAM.GOV.UK/FLOODING

ARE YOU READY?

How to prepare for an emergency

<https://glosprepared.co.uk/>

CHECK YOUR FLOOD RISK

<https://flood-warning-information.service.gov.uk/long-term-flood-risk>

MAIN RIVER MAP

Shows rivers covered by the Environment Agency. <https://bit.ly/3s9G40p>

FLOOD ONLINE REPORTING TOOL

Report flooding to local authorities using FORT <https://swim.geowessex.com/glos>

GLOUCESTERSHIRE FLOOD GUIDE

www.goucestershire.gov.uk/flood-guide

BLUE PAGES

Independent flood directory
<https://bluepages.org.uk/>

NATIONAL FLOOD FORUM

Charity for those at risk of flooding
<https://nationalfloodforum.org.uk>

FLOOD RE INSURANCE SCHEME

Affordable, government backed flood insurance scheme www.floodre.co.uk

TROLLEYS & FLYTIPPING

Download the Trolleywise app or report via www.fixmystreet.com

- If there is a flooding emergency please dial 999
- Do not put yourself in danger
- Do not try and enter flood water



FLOODING@CHELTENHAM.GOV.UK

Please email us for non-emergency enquiries & reports



Tips for an energy efficient lifestyle Part 2

Welcome to part 2 of Severn Wye Energy Agency's expert 'life hacks' to help you make small changes that make a big difference to how you use energy at home.

We've split the tips into three sections, to give you a path to follow on your energy efficiency journey. This is the second instalment and we'll be covering 'Going Further'. Look out for Pro Tips in the next magazine. And if you're looking for tips 1-52, they are in the September issue!

For more help, to see if you could be eligible for grant funding, or for more specialist advice, contact Warm and Well:

Online: <https://warmandwell.co.uk/>

On the phone: 0800 500 3076

! Handle with care

Along the way you'll find some tips that you should 'handle with care,' marked with an exclamation point. These come with a little extra advice. Some of these tips might need a bit of practice to get right, or you'll need to weigh up the pros and cons to ensure you stay healthy and safe while following them.

Going further

These tips are aimed at households that want to do a bit extra to become as energy efficient as possible. They might include a bit more investment or research to find out what's best for your home.

Heating

- 53 Experiment with setting your heating to turn on a few minutes later than usual, then try a few minutes more. Try 3 minutes – do you notice the difference?
- 54 It's generally better to keep the heating off when you don't need it. To keep an eye on whether it's running overnight or when you're out, you could try using a smart meter app.
- 55 If you have storage heaters check the next day forecast and set the input appropriately. Make sure units in unused rooms stay off.
- 56 Install reflective panels behind radiators on external walls, to reflect heat back into the room.
- 57 Consider a radiator shelf to help push the warm air into the room.
- 58 Insulate hot water and heating pipes to prevent heat loss.
- 59 If you have storage heaters, you could turn the output right down before going out to reduce energy waste.
- 60 Are all your radiators getting warm? Correctly balancing the radiators can improve the heating system efficiency. Search online for 'how to' guides.

Insulation and Ventilation

- 61 Fill in gaps around old or ageing windows with draught-proofing material.
- 62 Insulate your loft. It is recommended that you have 400mm of loft insulation installed, but anything over 150mm is adequate.
- 63 Insulate and draught proof your loft hatch.
- 64 If you have exposed floorboards, consider draught-proofing between the boards and any gaps between the floor and the skirting boards to help reduce cold draughts.
- 65 A chimney balloon is an effective way to reduce heat loss through draughty chimneys.

Lighting

- 66 Pick a lighter colour of lampshade to let more light travel around the room – you may need less lamps.
- 67 Lamps with transformers may have standby energy consumption, so it's more efficient to turn them off at the wall.
- 68 Make sure outdoor security lights only come on when you want them to and adjust any timers throughout the year to match daylight hours.
- 69 You can get 'smart' timer plugs that you can set to switch off and on at sunrise and sunset, to automatically save more energy as the days get longer.

Bathroom

- 70 Water efficient, 'aerated' shower heads can be fitted to most mains showers and give the same experience while using less water and energy.
- ! 71 Are you brave enough to get under the shower as soon as you turn it on, to save water and enjoy the health benefits of a brief cold shower?
- 72 If you have a hot water cylinder, set the hot water thermostat to no higher than 55°C.
- 73 If you have a combi boiler you won't have standing water, so the temperature of your water can be reduced further than if you had a hot water cylinder. Try 40-45°C.
- 74 Flow restrictors on taps could reduce the flow rates down to as low as 4.5 litres per minute.
- 75 Reduce the water flow a bit at the stop tap or water meter. Experiment with what level works for your home.
- 76 Install water displacement devices in toilet cisterns. Less space in your tank means less space for water to fill, reducing your water usage. Examples include flush savers and Hippo or Buffalo bags.

Kitchen

- 77 Re-use water from washing veggies to water your houseplants.
- 78 If you don't use clocks on microwaves and ovens, you can turn these appliances off at the wall altogether when not in use.

79 Try batch cooking and meal planning to make the most of the cooking energy (a full freezer reduces the energy your freezer uses, too).

! 80 When you've finished using the oven, open the door to let the heat out and heat the room a little.

81 Try using a slow cooker, instead of a conventional oven as they can be used for stewing up leftovers or cheaper cuts of meat. They are especially useful if you have a 'cheaper time of day' tariff or solar panels that provide daytime electricity.

! 82 Adjust your fridge temperature to suit your needs. A higher temperature setting reduces energy use, but food won't last as long.

83 Dust condenser coils on your fridge or freezer to improve efficiency.

84 Defrost fridges and freezers regularly to remove any ice build-up so they run more efficiently.

85 Try not to place your fridge or freezer in direct sunlight or near ovens or radiators, as it will have to work harder to keep cool.

Laundry and Appliances

86 Try putting the washing machine on an extra spin to help remove water before drying.

87 Eco balls in tumble dryers create air gaps and allow heat to move freely, drying clothes more quickly.

88 If you don't have eco balls, try throwing in a dry towel to increase the surface area in the drum.

89 Fully charged devices will still use energy, so it's best to unplug them as soon as your device is charged (and not to charge overnight).

Transport

90 If you're not making a lot of journeys, only half fill your tank. This way you are carrying less weight and your car can be more fuel efficient.

The report this month has to be on our Society garden party. Well, it didn't rain. Not much more to report really because I can't really detail all the gossip that was passed on. After all, some of it might have been about you!

In fact, the turnout was most pleasing, with plenty of new members as well as some very old ones, and it really was a pleasure to see that the Society is in reasonable order when so many small societies are finding it difficult to continue. Our next job is to get next year organised. I am about to send out a list of possible speakers to members of the committee and we will see what we can come up with. The problem tends to be finding people who can speak on facets of our main purpose – being NIMBYs (Not In My Back Yard) or in other words, trying to stop developers having a negative effect on the village. There is not much we can do to stop the vast areas of development which seem to be springing up between Cheltenham and Gloucester because it is Government policy to build, build and build. This, in spite of their oft stated of protecting the green belts.

One problem I have is that I can see both sides of an argument. I have one son with a house in Scotland (I think they must give them away up there) but the other lives near London and can't afford anything. So here am I: the cross eyed, doomed, hermaphrodite. However, as Society Chairman here in the village I have to be against or if not against, then at least fighting to stop the worst excesses.

Fortunately, the society also has local history and local wildlife to fall back on and that is much more interesting. In fact there can be a good synergy between both these subjects and nimbyism. Certainly work on local history has managed to stop some unwanted development. One instance is the saving of the old Bedlam Mill building on the other side of Tewkesbury Road when developers were going to flatten it completely. Sending CBC one article on our mills from the history books had them locally listing the old building within a week. I am not sure whether the people who actually live in the old building feel the same way, because living in an old build can have its drawbacks. I know, because I live in one too. And the local wildlife list that accompanied our recent letter on Elms Park and Home Farm were pretty comprehensive, although I am feeling a bit bad about claiming that there is a particularly rare species of crocodile breeding in the Swilgate and about the giraffes seen just off Dog Bark Lane. It is possible that they were just cows with long necks.

Anyway, on to our October meeting. Our own John Heathcott is going to tell us about some Gloucestershire poets. The county was particularly strong on First World War poets and I will find this interesting because I was made to study them a little at RAF Cranwell. It was only a while after I left that I realised the incongruity of a military college promoting what is in large part, effectively, anti war poetry. In addition I have also recently become interested again in Laurie Lee and not just because it gives me an excuse for visiting The Woolpack in Slad.

Come and join us. Just turn up at a meeting. Annual membership is: Single £10, Double or Family £20. Or come and give us a trial. Visitors are welcome at any meeting for £2. We will be glad to see you

Barry Simon

St. Lawrence's Church

Chatterbox



Every Tuesday
10.30am to 12noon



Pop in any time
Coffee/tea and biscuits
and a good old chat about anything and everything.

Everyone's welcome, old or new.

(It's free!)

Have you noticed the growth in self-storage places where we can store our surplus possessions for indefinite periods of time? There is one such warehouse in our parish. Meanwhile, at the other end, the waste disposal business has grown much more intensive and much more serious, even now with video surveillance and the mandatory pre-sorting of rubbish.

Physical waste is one thing. The waste of people, human beings, is another. You cannot pre-sort the disaster of broken people or the physical and mental damage human beings inflict on each other or even themselves. Because it is so unpredictable and chaotic, one thing vicars do is to try and make sense of it once it's happened. When I visit the council tip, I therefore wonder: is all this strict sorting of rubbish an attempt to exert control in our lives which are otherwise frequently out of control. And when I often see there is so little as men and women that we can ever truly control?

Human wreckage can take many forms. In the mid-1990s, the human waste in Rwanda was at a peak as food distribution stopped again in the southern camps of that country. A woman who kept a diary as a humanitarian worker there wrote how at the end of April 1995 she had an awful, choking evil dream: 'Long, strange, complex and occult – the second time only in my life that I remember such a vivid experience of evil.'

In these days of equally awful Russian evil and aggression, we might think back to where Jesus mostly walked and the chaos of his death on the cross, a place perhaps not unlike a Rwandan killing field or an Eastern Ukrainian battlefield. Jesus was not crucified in a beautiful cathedral surrounded by solemnity and order, candles and ritual but on a cross between two thieves and actually on the local rubbish tip.

One writer said: "It was the kind of place where cynics talk smut, thieves curse, and soldiers gamble. That's where he died. And that's where Christians ought to be and what Christians ought to be about."

Where Christians ought to be and what Christians ought to be doing, are two questions with which the local clergy are grappling at present. One thing as priests we do know: the more we shut the church doors behind us and go humbly to find out, the more likely we are to find the answer.

Revd Nick Bromfield
Team Rector of North Cheltenham

St. Lawrence's Church
Swindon Village

Regular Services

1st Sunday of the month:

10.30am Together @ Ten Thirty all-age worship

6.30pm Holy Communion

All other Sundays:

9.15am Holy Communion

6.30pm Evening Prayer

Every Wednesday:

10.00am to 12noon Church open for private prayer

(Services are subject to change at short notice;
contact the Churchwardens if you want to check.)

Enquiries about baptisms or weddings

If you would like to enquire about baptism (also called christening) or would like to book a wedding in St Lawrence's church, please contact the Team Office, which is open Monday to Friday from 9am until 12 noon. The office is based at St Nicolas' Church in Swindon Lane. Contact the Office on 244373 or admin@northchelt.org.uk

You can contact the clergy by email:

Revd. Nick Bromfield (Team Rector) nick.bromfield@northchelt.org.uk
or via the office.

Her Majesty's Funeral

We would like to thank all the local people who have come into St Lawrence Church to sign the Book of Condolence for Her Majesty the Queen.

On the eve of her funeral on Sunday 18th September, both morning and evening services were a special Service of Thanksgiving for Her Late Majesty Queen Elizabeth II and well supported.

In the evening we were joined by Army Veterans as we remembered the Battle of Arnhem which took place in September 1944 and also Battle of Britain Sunday.

A poignant day in our nation's and our local Church's life and very well attended by local residents wanting to give thanks for our Queen and our brave soldiers, sailors and airmen who helped to secure the freedom we have today.

Thank you.

From the registers



Baptisms

We welcomed in to the family of the church

Arran-Joe Willett 28th August



Burial of ashes

We commemorated the lives of

Graham Jones 19th August

Derek William Rowley 10th September

Elisabeth Ann Radford 21st September

St. Lawrence's Church

Advent calendars are in the shops so
it'll soon be time to plan your entry for the

Christmas Tree Festival

Saturday 10th and Sunday 11th December

This year's theme is

A Moment In Time



The theme can be interpreted in any way you like; thinking outside the box is actively encouraged and you don't even have to use a traditional Christmas tree.

Everyone, individuals and groups, is invited to join in.

Please contact me for more details.

Karen Evans

Tel. 241678 Email karen.j.evans@outlook.com

St. Lawrence's Church

It's time for the annual, legendary

Quiz & Supper

Saturday 15th October

Village Hall

Doors open 7.00pm

Supper at 7.30pm followed by Quiz

Jacket Potatoes with a choice of fillings plus salad
followed by an apple pudding

Bar Raffle

£10 per person

Maximum of six to a team please

To book, phone Karen on 241678 or text to 07854 390774

Profits will go towards the upkeep of St. Lawrence's Church

Swindon Village Hall.

Summer is over!

Not many exciting things have happened at the hall over the summer, but it has been very busy since the new school year started, with all the clubs returning and lots of weekend bookings.

We are also trialling opening the bar on Sunday mornings, offering hot and cold drinks and pastries, as requested by Cheltenham Ladies football club, who are now using the playing fields for their football matches. So if you are walking your dog or just having a Sunday morning stroll and fancy a cuppa, please pop by!

We welcome Claire Green to the Village Hall team as a facility manager. You may well see her at the hall in between her Zumba classes. She is doing a fantastic job and making a real difference to the hall.

Here are some dates to look forward to... We are planning a Halloween Disco for children on 30th October; Carols in the pub and a visit from Father Christmas on 16th December and a New Years Eve party on 31st December.

As always, we need help with organising these events so please let us know if you can lend a hand.

Take
care



As mentioned last month, I sometimes struggle to find a topic to write a few lines on each month. This month sadly we have a glaringly obvious subject, and to not talk about Queen Elizabeth would feel an omission of grave proportion.

As I write, we are on the eve of Her Majesty's funeral. I do not consider myself a staunch Royalist, but I am very glad that we have a monarchy. Throughout my life, I have followed their marriages, delighting in their happiness and shared their sorrows (in a small way). It felt like the least I could do in appreciation of all the Royal Family do.

As a child I celebrated the Silver Jubilee in fancy dress at our street party and had a great time this year spending the Platinum Jubilee at the Village Hall with my friends.

In the intervening years, I have watched the monarchy change and already see that King Charles' reign will be different from Queen Elizabeth's. I can't imagine how he must be feeling – to assume a role that he has been preparing for his entire adult life, whilst mourning the death of his Mother.

When facing a loss of a loved one, most of us pause other obligations to focus on the arrangements that are to be made and take the time to look after each other. King Charles has not had that luxury. His duty as Monarch has started in earnest and he follows in the well-trodden path of his ancestors. Whether you believe that monarchy should exist or not, we surely must hope that he has a long and happy reign.



Her Majesty The Queen
Elizabeth II
1926 - 2022

Quiz #18

Hello all,

First of all, I have an apology to make. It was pointed out to me that I made a mistake in the answers for the last quiz edition, in the question regarding the Twelve Days of Christmas. Turns out there were nine ladies dancing in the carol, not lords a leaping. Serves me right for not googling and checking and relying on my (clearly faulty) memory!

Fear not! I have googled and checked every single answer in this month's edition, so all should be well. I've gone for an Autumnal theme this time.

1. Which world championship takes place every year in Northamptonshire on the second Sunday in October?
2. The Cribbar appears in Cornwall most often in the Autumn months for a few hours at a time, but what is it?
3. In the old saying, what should you dry in October, "Else you'll always be sober"?
4. In October 1859, a storm that caused the sinking of "The Royal Charter" off the coast of Wales, led to the creation of what maritime safety measure still heard today?
5. Which royal did Autumn Kelly marry in 2008?
6. Which berry that appears in this season gets its name from an old German word meaning "to redden"?
7. What is the name of the pigment that trees stop producing in Autumn, leading to their leaves changing in colour?
8. In which German city is Oktoberfest usually held?
9. In which year did the gunpowder plot take place?
10. A battle at Edgehill, Warwickshire on the 23rd of October in 1642 was the first major conflict of which war?

Answers on page 23

DARK LANE LIBRARY

The library is currently doing a great imitation of an iceberg; we have twice as many books inside waiting for space than you can see outside!

Please come and help yourself so we can move some new ones outside.



Massage FOR Hands

Hands are usually so active that they seldom have the chance simply to receive touch.

This is why hand massage can feel so surprisingly enjoyable and calming.

Massaging the hand increases its dexterity and stimulates the nervous system -

- Alleviates pain
- Relaxes muscles
- Removes tension in joints and tendons
- Stimulates circulation

*** Buy a voucher as an original gift ***

Pauline Cullimore

t. 01242 517991

m. 07910 539263

e. pauline.cullimore@blueyonder.co.uk

Answers to quiz:

1. The WCC World Conkers Championship
2. A giant wave
3. Barley
4. The Shipping Forecast
5. Peter Philips
6. Rowan
7. Chlorophyll
8. Munich
9. 1605
10. English Civil War

Advertise your business in Village News

Monthly rates

Whole page £36

Half page £18

Quarter page £9

Contact the Editors

Village News is delivered to
900 homes in Swindon Village

VILLAGE ORGANISATIONS

Footpaths	John Heathcott	527753
Scouts, Cubs, Beavers		info@1sv-scouts.co.uk
Rainbow Guider	Hannah Butler	07464 784155
Village Hall Chair	Jana Bridger	07913 911930
Village Hall Booking Secretary	Jana Bridger	swindonvillagehall@gmail.com www.svhall.co.uk 07514 594351
Play Group	(Playgroup hours)	690479
Winemakers' Secretary	Roy Harper	662861
School Headteacher	Geraint Mills	690016
Friends of the School	Caroline Williams Sarah Martin	chairfosvps@gmail.com
Art & Crafts Club	Lynne	07515 461876
Swindon Village Society	Barry Simon	521723
Mary Godwin Under 5s	(Playgroup hours)	mgu5@hotmail.co.uk 07477894639
Marle Hill W.I.	Sara Jefferies	692500
Save The Countryside	Helen Wells	07770 986078

Please inform the editors of any changes to the contact details for village organisations.

We have had a request to provide contact details for the classes held at the hall.

We are currently compiling this and hope to include it next month.

Deadline for the next issue of the Village News is the 16th October 2022
Please send contributions to the editors via
Karren Parsons at 29 Dark Lane
or e-mail village-news@swindonparish.org.uk

SWINDON PARISH COUNCIL

Chairman	Cllr. James Cornish	07950 196709
	Cllr. Helen Wells	220875 or 07770 986078
	Cllr. Lisa Whitaker	07715 470842
	Cllr. Sharon Collicutt	07884 184423
	Cllr. Natalie Blankley	07725 948935
	Cllr. Alison Berry	07754 006634
	Vacancy	
Vacancy		
Vacancy		
Clerk to the Council	Mr Shaun Cullimore	07833 089435 parish.clerk@swindonparish.org.uk
Cheltenham Borough Councillors	Cllr. Flo Clucas	255844
	Cllr. Bernard Fisher	07523 421012
County Councillor	Cllr. Bernard Fisher	07523 421012
Allotments Manager	Ian Brown	528683

Swindon Parish and Community Website: <https://swindonparish.org.uk>

ST. LAWRENCE'S CHURCH

Part of the North Cheltenham Team Ministry

Team Rector	Revd. Nick Bromfield	nick.bromfield@northchelt.org.uk
Churchwardens	Hugh Evans	241678
	May Shurmer	241033
Tower Captain	Hugh Evans	241678
Organist	John Collins	511950
North Cheltenham Team Ministry Office St. Nicolas' Church, Swindon Lane, Cheltenham GL50 4PA		244373 admin@northchelt.org.uk

The office is open on Monday to Friday 9am to 12 noon. Outside these hours please leave a message on the answer phone.

The contents of this newsletter do not necessarily reflect the views of the Editors or the Parish Council